

UCSF Benioff Children's Hospital San Francisco
Perinatal Outreach Program
presents a symposium on:

Supporting Vaginal Birth and Reducing Primary Cesareans

Friday September 8th, 2017

9:30 am - 4:30 pm

UCSF Benioff Children's Hospital Mission Hall Building, Room 1401
550 16th St, San Francisco CA



This symposium has been developed for health professionals caring for pregnant women with an emphasis on supporting vaginal birth. The application of evidence based practice guidelines and management of labor abnormalities will include group discussion and quality improvement strategies highlighted from the **California Quality Care Collaborative (CMQCC) toolkit on Supporting Vaginal Birth (cmqcc.org)**. It is our hope to validate current best practices in place at participating hospitals, and foster quality improvement initiatives aimed toward safely reducing the likelihood of cesarean birth.



Program Objectives

At the conclusion of this program, participants will be able to:

- Safely support intended vaginal birth
- Identify provider and system improvement opportunities to reduce the likelihood of cesarean section
- Cite evidence based management for obstructed labor
- Highlight data utilization aimed to reduce primary cesareans

Symposium Fees:

UCSF Staff/CMQCC Rosenstein/Huwe Team : No charge

CMQCC SVB Collaborative Members: \$25.00

UCSF Perinatal Outreach Contract Hospitals: \$25.00

General Admission: \$50.00

Register early - seating is limited!
Sorry: No same day sign-up
No refunds after 9/1/17

Agenda

9:30 **Registration /Sign-in/Continental Breakfast**

10:00 **Welcome and Introductions**

Valerie Huwe RNC-OB, MS, CNS
Melissa Rosenstein MD, MAS

10:10 **Triage pointers**

UCSF Birth Center Staff

11:00 **Comfort measures during labor**

UCSF Birth Center Staff

12:00 **Lunch on your own**

1:00 **Medications for labor analgesia**

Marichele Punla RNC-OB

1:30 **The perfect epidural**

Jennifer Lucero MD

2:00 **Second stage management**

Meghan Mullen RNC-OB, MS, CNS
Sharon Weiner CNM, MPH

2:30 **Operative vaginal delivery**

Melissa Rosenstein MD, MAS

3:00 **Break**

3:15 **Fetal Heart Rate Dilemmas**

Valerie Huwe RNC-OB, MS, CNS

3:45 **Safety concerns: how long is too long?**

Valerie Huwe RNC-OB, MS, CNS
Melissa Rosenstein MD, MAS

4:15 **Final questions comments
Evaluation**

This symposium is approved by the California Board of Registered Nursing for 5 contact hours—Provider number CEP 12981

All participants will receive:

- **Electronic handouts**
- **Continental breakfast and afternoon snack**
- **RN education credit — sorry no CME's available**

Register by Email or Fax-Credit Card Only please

- ♦ FAX brochure registration form to (415) 353-1503
- ♦ Email registration form to: bchsfoutreach@ucsf.edu
- ♦ Additional questions contact: Cynthia Jensen (415) 353-1401

REGISTRATION DEADLINE 9/1/17

Outreach website: bchsfoutreach.ucsf.edu